



# Incarceration

an essay from  
**Master Yeshua**

I would speak this month of incarceration.

What do I mean by incarceration? The common definition, of course, is imprisonment and the assumption being, or the most common thought that follows, is that this is imprisonment for a crime, for an attack on humanity of some sort, or possibly a political imprisonment for having spoken in a way that does not fit the power structure's permissible speech or action.

I would ask you – I am assuming that many of you feel this coming – What other kinds of incarceration exist? It is those other kinds of incarceration that I would like to explore, for there are several. And these several that exist are hindering humanity's progress. If incarceration can be overcome, humanity will find itself on a smoother road to building the new civilization.

I do believe that by now it has been made perfectly clear that we – we from the Community of Spiritual Masters, as a team, partnering with our Off-Earth Allies – will be coming forth to have a more firmly established and visible presence within the humanity of the physical plane. I believe it has been made clear that by coming into a closer relationship *with* humanity, we do not mean that we are taking up the role of actually building! If I were being smart, I would say, "Look folks, we've been there, we've done that. It's your turn. We've paid our dues. It's your turn." Now you'll note I said, "*if* I were being smart." I will not say that, because as a matter of fact, you are being offered an opportunity that we are not able to take advantage of. Because the construction of the new civilization must be accomplished by those souls who are *obligated* to be incarnating at the time, meaning that even if one of us or seven or ten of us were incarnating into physical bodies, it is not our place to be doing the building. That may come as a surprise.

No, the building must be done in groups. I will repeat that. It cannot be too strongly stated – *the building must be done in groups*. The other thing that cannot be too strongly stated is that the building starts with you, in your daily life, because you do belong to multiple groups. If nothing else, you belong to the group of humanity, but there are many other groups that you belong to.

So what are these imprisonments that keep you – you singular, you plural – from striving forward and taking the steps necessary to lay the foundation for this new civilization?

I will start with the incarceration of narrow vision. There may be other terms for this narrow vision, like “lack of awareness” when you do not see what is before you, when what is before you has become so common that you do not see it. And there may be many institutional policies that fall into this category. You wish to . . . what shall I say? Let us say that you wish to return a product. This product – whatever it is – is unopened, you never used it. You return to the store and you have your proof of sale. You're told, “It is our policy that this can no longer be returned.” You say, “Thank you very much.”

Now, I am not going to pick on stores that have a limit on when something can be returned, because that might make perfect sense. It is the issue of the words “it is our policy” – *it is our policy*. Now where do you suppose those policies come from?

I do not recall – perhaps there is – a policy manual that is distributed to human beings at birth explaining the policies that they will encounter, because these policies are preexistent. I believe by now you're getting my point. Policies are made by human beings. And what policies that are being *made* by human beings can be *revised* by human beings, or can be simply erased by human beings, rendered ineffective, deleted, gone.

So you are incarcerated, a prisoner within countless policies promulgated by the institutions you do business with, the institutions from government, from schools – which I suppose are a form of government – from spiritual institutions. The list is long. That is one kind of incarceration – the policies, *the policies*. I would add: and the way these policies are interpreted and implemented.

What other kinds of incarceration are you facing, are you enduring, are you ignoring?

I would say that there are a great many people incarcerated by the assumption that what exists now is the best way to do things, that if

what exists now appears to be broken, we simply try and repair it. We do our best to repair it and we say it will return to normal. Here I am thinking specifically of the economy. The economy has a downturn. "Well, it will bounce back." Interest rates go up. "Well, they will adjust." There is a waiting, a watching.

Our weather patterns are changing. "They will return to normal." Someone introduces a new and revolutionary philosophical concept: gay-rights. "It will go away. We can harass these people and get back the way things were."

This is an incarceration, a mental, emotional, spiritual incarceration that is bounded by the bars and walls and barbed razor wire protection that says, "What is now, what I grew up with, is the best way to run things, no matter how bad it is. And things will return to normal."

You are imprisoned by that concept, "returning to normal," because I am here to tell you there will be no return to "normal." There will only be a new normal and this new normal will be built by those who look out and find themselves indeed incarcerated. They get together with others who agree that yes, they are imprisoned. They can walk around and have a passport and visa and move from country to country, but they are imprisoned.

When enough realize they are imprisoned and say it is time to change – "We can revise this, we must throw that out," – we can have a group. But that group alone, I promise you, *that one group alone will not accomplish the change that is needed.*

One group alone, no matter how large, is not going to break humanity free from the incarceration of the current civilization that is impeding spiritual progress and the spiritual health of the entire human race.

It is only, *it is only* – I cannot emphasize this strongly enough – *it is only* when each group reaches out and has bridges and alliances with other groups to form a network whose purposes overlap and interlace, it is only then that change begins to happen – consistent, sustainable change. Because one group alone is going to make a little step forward or a modest change, but unless the groups are interlaced, the entire of humanity is not going to change. And the entire of humanity *must* change.

I will use a very painful example. Look how long it took half the human race in certain countries to be considered intelligent, wise enough, equal enough, to have the vote. I speak, of course, of women's

suffrage. This was a privilege painfully and dearly purchased – most painfully and dearly purchased.

Now another percentage of humanity had to wait even longer in some countries and that portion of humanity can be defined by race or ethnicity and there are many who still do not have the right to vote. But I will stick with the women's suffrage, because they offer a fine example.

It was not just a single group that achieved this breakthrough, there were overlapping groups before this breakthrough was made. But what has been happening lately in the headlines – in South Africa? In India? What have the headlines told us about the status of women in these countries? What have the headlines told us about the status of girls and young women in the area of human trafficking?

There are not enough groups interlaced and working together with an overlapping purpose, and that purpose becomes literally changing the perception of a *very* vast portion of the human race, a perception that is based on thousands of years of history. This is not going to change by one very brave group, or two very brave groups of women demanding their rights.

A permanent change, a change that takes place on the mental plane of humanity and filters down through the emotional plane into the physical plane – that takes interlaced group work. And that is just one example of a change that *must* be made for the new civilization. This can only be made if it is tackled by groups and group work. You can find groups that are focused on human trafficking, groups that are focused on rape prevention, on the status of women. But even that is not enough.

These groups must be interlaced with groups that are examining the spiritual foundation of humanity, and that can include any religion you care to name. If women do not have full and equal rights within any religion, full and equal rights within any spiritual grouping, then there is not a group within that spiritual organization that can be a copartner in eliminating the idea that any woman, any girl is rapeable, any woman, any girl is open prey for human traffickers.

It is all groups that have anything related to the equality of the genders within humanity – government, business, religion, education – these are the institutions that need changing. And it is only by a network of groups working together that these changes are going to be made. This is going to take active, interlocking group work. Passing a law is not going to get it done. Writing a letter to the spiritual authority is not going to get it done.

The only way it is going to get done is if there are groups in humanity, overlapping groups, interrelated groups all working on some aspect of the same purpose, with each of these groups aware of the other groups, and each of these groups cooperating with these other groups.

This network, this interlaced network of groups, is going to be common, as common in the new civilization as it is absent in this one.

I am changing my page, my "Support Thoughts From A Master" page. I began this series saying – tongue-in-cheek, actually – that I was worth two dollars a month, US dollars, for the thoughts that I was bringing forward and the questions I was answering.

I am changing that, with deep gratitude to those who found it in their hearts to let me know of their support. I am changing this page. I am changing this page to offer, as my colleagues in WeSeekToServe.com have offered, a list of those organizations that we feel are supporting the children of humanity. I am limiting my list, however, to those organizations that are specifically focused on children and trafficking, human trafficking of young women and girls, as if they are, in this day and age, still property. This is not tolerable.

And I would hope that you would have it in your hearts to support these organizations and remember that this is just one portion of the civilization that needs to transition from what it is now to what is in the new civilization.

As dear as this particular topic is to me, I fully understand that this may not be the number one resonance for you. I understand and I respect that, but I hope that you will take away with you the concept of the interlacing groups that are necessary – *necessary* – in the foundation of the new civilization, because they will become a part of humanity's normal operating procedure.

My colleagues, in the May, 2013 issue WeSeekToServe.com, spoke eloquently on groups. I support them. If you would like to read more or have not yet read what they had to say, I would encourage you to do so.

Now, I would have, please, my colleague, Master Serapis Bey, contribute his thoughts.

### ***Serapis Bey***

Thank you, Master Yeshua. I, too, would like to speak of incarceration, incarceration that goes beyond the physical plane and becomes an incarceration of the soul, an incarceration of the spirit that lives within you. That incarceration can last from lifetime to lifetime, and the only way to break free is by breaking free while incarnate.

My colleague, Lady Nada, often speaks of healing those who have been subject to unhealthy authoritarian groups. These groups imprison the soul. The damage done is done beyond a given incarnation and the soul becomes imprisoned, because the soul becomes imprisoned in its habits.

You have read, I am certain of recidivism among prisoners who have been institutionalized for so long that they come out and have a severe case of culture shock and, I would say, cultural prejudice against them. The two combined, in far too many instances, encourage them to commit another crime so that they can return to the familiar life in prison, because that is the life they have learned to survive in.

The same thing can be true of souls. So that a habit, a pattern that is laid down in one incarnation, no matter what that pattern may be – one of subservience or one of dominance, just to give you an idea of both poles – each is a pattern, or can be. It is no easy task to break free of that incarceration. The soul is a prisoner to this pattern. This can be a pattern of violence, a pattern of victimhood. Incarceration, spiritual incarceration.

Now what would I like to say about that? I would like to applaud every single incarnated human being who has the slightest glimmer of light that they might be incarcerated in a pattern. That recognition may come with slightest little glimmer, "Whatever I'm doing can be different. This just isn't right."

I would encourage you who do not feel you are in such a pattern to reach a helping hand out to those who are, in some way, attempting to break free from their incarceration. Those who help can be individuals or a group of individuals. You will be most effective in long-term reform if you, again, work in groups.

Now that does not mean that an individual who is attempting to break free from whatever incarceration they suffer – they recognize, they wish to be free from – is going to have a group of hundreds pour down on their doorstep and say, "We're here to help."

This group of assistance may be represented by a single person stepping forth and offering assistance. I will leave the creative application to you, but I would also ask you to approach this with love in your heart, with the benefit of the Oneness of humanity in your mind, and without judgment, for it is very easy to judge. It is very easy to judge, particularly if the incarceration is in a pattern of violent behavior or dominance. It is very easy to sit back and say, "Shame on them."

Now does that mean we endorse their behavior? Certainly not! But what we do endorse is helping them break free from that particular prison. It is much easier to hate, much easier to seek vengeance, much easier to judge in many cases than it is to assist in what amounts to a jailbreak from the pattern that is doing so much damage to such a large part of the human race.

You see, that is part, also, of what we do. We seek to help those souls who are incarcerated in that pattern to break free.

I say these things as an awareness, because this kind of work is not for everyone. It takes a very special strength and love and commitment to Oneness to be sufficiently nonjudgmental when you see the damage that those incarcerated in this pattern of dominance and violence perpetrate upon the human race.

So I say this is a matter of awareness. And the reason I say that is because of the Oneness in which we all live. What happens to those who are thus imprisoned and have done what we will acknowledge is definitely unhealthy to the benefit of the human race? We will move forward. It is simply a matter of recognizing that there is Oneness and that energetically, no one, *no one* can be separated from the child who was stolen and trafficked into slavery, virtual slavery or prostitution. There is no way to separate yourself from that fact, because energetically *you are connected with that child*. And you are connected with the trafficker, with the one who did the stealing, who keeps this child trafficked.

All of creation is One. So not only are you energetically connected with these individuals and the situations, so am I. And so is every member of the Community of Spiritual Masters, because creation is One. No one escapes being part of Creation.

That is what I would have you consider. That is what I would have enter your awareness. That is what I would have you be aware of as you do your part in improving relationships, in laying the foundation for the new civilization simply by going through your daily life responding to the causes that call you, improving relationships, being aware, being

aware specifically that the decisions you make can enhance the Oneness of humanity . . . or do otherwise.

I thank you.

Master Serapis Bey

### ***Yeshua***

Thank you, Master Serapis Bey. I think that that statement is sufficient to close this month's submission for ThoughtsFromAMaster.

I would ask you to consider what we have said, to expand your consciousness, expand your awareness, and be blessed as you move forward. Be blessed by communication with your soul and your soul's purpose and mission in this life, which may seem very small to you, but I promise there are no small missions. There are none. There are only the missions that were born with you.

And you do have free will. I have spoken of that.<sup>1</sup> As you go about your life knowing that this is the time with the opportunity to build the new civilization, your free will can be put to very good use. This I would ask of you: reconsider the essay I did on free will and use that as a basis for strengthening all the decisions you make as you move forward.

My blessings upon you all. My gratitude to those who would consider assisting the ones we have spoken of today.

I thank you.

Master Yeshua

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<sup>1</sup> *Soul Purpose And Free Will*, ThoughtsFromAMaster.com, March 2011.

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\* *Master Yeshua / Jeshua is a Master of Wisdom and a member of Earth's Spiritual Hierarchy. He offers essays for spiritual growth and commentaries as a service to those whose personal path leads them to these words. For more information visit ThoughtsFromAMaster.com.* ©2013 Sharon K Richards